

Turn Your Child Into A Lifelong Reader

Make reading fun: Songs, nursery rhymes and finger plays foster a love of words.

Read aloud: reading to your child increases attention span, improves listening skills and develops vocabulary.

Read it again: children need and enjoy repetition, which builds word recall. It also helps children feel secure and confident.

Surround your child with books: Offer many age appropriate books to encourage reading.

Let your child see you reading: be a reading role model!

Read every day: Plan 10 to 30 minutes a day to snuggle with books.

Visit your library often: Borrow books from your library for FREE! Let your child help choose books and let your imaginations soar.

Learning & Laughter

Laughter increases white blood cell activity and changes the chemical balance of the blood. This is believed to boost the body's production of chemicals needed for alertness and memory.

Laughter reduces stress and low stress enhances the brain's receptivity to learning.

According to researcher's, laughter (having fun) also boosts the body's immune system for three days--the day of fun plus the next two.

From: *START SMART!: Building Brain Power In The Early Years* by Pam Schiller