

# Music

Research has shown that during an EEG, music can change brain waves and make the brain more receptive to learning. Music connects the functions of the right and left hemispheres of the brain so that they work together and make learning quick and easy. Brain function is increased when listening to music and studies have shown that music promotes more complex thinking. Music helps make connections between emotions, thinking and learning.

## Music:

- **Increases awareness of rhyming patterns and alliteration.**
- **Improves memory skills.**
- **Increases listening skills.**
- **Reduces stress, increases interest, and set the stage for listening and learning.**
- **Supports and enhances emergent literacy through repetition in songs.**
- **Children with a strong sense of beat are more likely to be strong readers.**

## Movement:

- Movement nourishes and stimulates the brain.
- Combining language with movement increases cognition 90%. Dance and play games with music, Use hand motions with songs.

*Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything...Plato*

## Favorite Music CDs For Kids

- *All Time Favorite Dances* - Kimbo Educational
- *Babbles To Books* - Fisher Price
- *Little People Sing-Along Favorites* - Fisher Price
- *Rhymin' To The Beat: Nursery Rhymes* by Jack Hartmann
- *Sing With A Child* - [www.pepsgroup.org](http://www.pepsgroup.org)
- *Sing-Along Favorites* - Fisher Price
- *Singable Songs For The Very Young* - Raffi
- *Victor Vito* - Laurie Berkner
- *Whaddaya Think Of That?* - Laurie Berkner